






FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Tokyo-Frost Valley YMCA Partnership 40th Anniversary Camp

The Tokyo-Frost Valley YMCA Partnership was founded on February 1979. Since then, we have formed a partnership with the Frost Valley YMCA, and this year, we celebrate our 40th anniversary. We would like to invite all to a weekend of fun at Frost Valley this November. Let us reunite with anyone and everyone who has ever been a part of Tokyo-Frost Valley YMCA Partnership. Those of you who has not had a chance to visit in awhile, this will be a great opportunity to spend some time at Frost Valley while being surrounded by beautiful nature. Please bring your family and friends and enjoy the alumni discounts!

Weekend Schedule (sample schedule)

	Nov. 1(Friday)	Nov. 2(Saturday)	Nov. 3(Sunday)
AM		Morning Session (Heisei Style)	Morning Session (Showa Style)
		Breakfast	Breakfast
		Choice Programs ● Archery ● Tie Dye ● Zip Line ● Sports and more	Choice Programs ● Arts & Craft ● Boating ● Hiking and more
PM		Lunch	Lunch
		Choice Programs ● Reflection pond study ● Candle Making ● Outdoor Cooking and more	Check-out ● Bus departure at 1:30PM → Arrive at White Plains station around 4:30PM
4PM~		Celebration Dinner Silent Auction	 
6PM~	Check-in		
Evening	● Bus Departs 7PM From West Side YMCA → Frost Valley YMCA Arrival time 10PM ● Choice Program at Frost Valley Observatory, Snack & Board Games etc...	Game Night We have other evening programs ready for you later such as s'mores, hayride and Japanese traditional toys.  	

※Take a look at the schedules to see the types of activities and programs that will be offered during the time of your stay. ※Please note that the programs are subject to change. The final schedule will be given on the day of the event.

ADDRESS & LODGING

Frost Valley YMCA 2000 Frost Valley Rd. Claryville, NY 12725
Hussey Lodge (4 to 6beds per room and a private bath.)

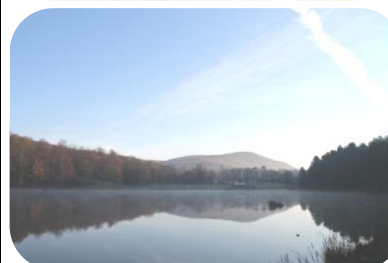
RATES (Included: Dining, All programs, 40th edition T-shirts(See chart for size), Towels, Sheets, Pillow and Blanket)

●13years old and up : \$144 ●6-12 years old : \$100 ●5years old and under : Free
●Bus : \$20 one way(Depart from West Side YMCA and return to White Plains Station)
※If you wish to request towels and sheets for your 5 years old and under children, the fee is \$9 per child.



Day Trip Schedule (sample schedule)

Nov. 2(Saturday)	
9AM~	Check-in
AM	Choice Programs ● Archery ● Tie Dye ● Zip Line ● Sports and more
12PM	Lunch
PM	Choice Programs ● Reflection pond study ● Candle Making ● Outdoor Cooking and more
4PM~	Celebration Dinner Silent Auction
Evening	Game Night We have other evening programs ready for you later such as s'mores, hayride and Japanese traditional toys.



※Take a look at the schedules to see the types of activities and programs that will be offered during the time of your stay. ※Please note that the programs are subject to change. The final schedule will be given on the day of the event.

RATES (Included: Dining, All programs, 40th edition T-shirts(See chart for size)

●13 years old and up : \$72 ●6-12 years old : \$50 ●5years old and under : Free
※The bus service is not available for the day trip.

TRANSPORTATION

●Driving directions, see <http://www.ymcatfv.org/direction/>

●Bus: \$20 one way(For people lodging for the whole weekend only)

Depart: Nov. 1, 2019 Friday 7PM from West Side YMCA(5 W 63rd St, New York, NY 10023)

Return: Nov. 3, 2019 Sunday 4:30PM to White Plains station ※Due to New York City Marathon, we are not driving into the city.

CANCELLATION

For all cancellations, please contact the White Plains Office.\$20 cancellation fee will apply.

●up to 10 days prior: 100% refund ●up to 7 days prior: 50% refund ●the day before : 30% refund ●the day of the event : NO refund

HOW TO REGISTER

①Registration

Please call or email the office. Please include the following in your email:

1) Names of all attendee 2) Age of attendee on the date of event 3) Phone number
Once you have received a confirmation from YMCA, your registration is complete.

②Registration Form and Payment

Once the registration is confirmed, please fill in the registration form and send it back within a week with payment information. The form can be sent in a mail to the office or by email attachment. (The filled PDF file as email attachment will be accepted for credit card payment only.)

WHAT TO BRING

●Change of clothes ● Warm clothes ● Backpack(for hiking) ● Toiletries ● Rain gear
●tissues ●Hats, gloves ● Water bottles, tumbler ● Flash lights
●Health Insurance Card ●

MAY COME IN HANDY TO HAVE...

●Flip flops for room usage ●hair dryer ●bath mat ●hangers ●cotton outdoor work gloves(for campfire)

OTHER

●Items for the silent auction (e.g.: Japanese sake, Japanese snacks, T-shirts, Toys etc.)
● We encourage everyone to wear your Frost Valley outfits for the Saturday dinner.

